

Winter Can be Tough on Families

Winter's arrival can usher in a host of challenges like higher utility bills, shorter daylight hours, and harsh weather conditions which can significantly impact mood and energy levels, particularly for those vulnerable to seasonal affective disorder.

- * Beat the winter blues with family connection and meaningful conversations, bonding over indoor activities like game nights or movie marathons, and other activities that foster warmth and unity.
- * Take advantage of affordable community events and agency resources to ease winter's wrath.
- * Prioritize healthy habits, like regular exercise and nutritious meals, to boost your mood and remain resilient throughout the winter months.
- * Reach out for support from various agencies if food, financial, or other resources run low.
- * Seek emotional support if winter gets you down.
- * Help a neighbor or family member with simple winter chores like shoveling and grocery runs.

Center for Community Resources (CCR)

Provides information and referral for all types of support services including housing, winter coats, utility support, food access, mental and physical health care referral, and transportation.
212-214 N Main Street, Butler 844-360-4372

Glade Run Winter Warming Center

FREE shelter and breakfast refreshment provided daily from 10:00pm - 8:00am. Must secure voucher from Catholic Charities or the Crisis Center
123 E. Diamond Street, Butler 800-932-0313

Warm Line phone answered 6:00 - 9:00pm daily
Just need someone to listen and offer ideas about how to help you with whatever is bothering you?
Call 866-431-2489, then choose option #6

Free Parent Support Groups

Join Charlie Health's online family therapy support groups like Parents of Teens, Parent Support for Families of Color, Parents and Caregivers of LGBTQIA+, and Young Adults support group, .
Call 866-219-5070 or email Family Programming's Kira Torre at kira.torre@charliehealth.com



Winter Warrior Tools

Housing

Catholic Charities 724-287-4011
County Housing Authority 724-287-6797
Utility Assistance (CCR) 844-360-4372

Health Care

Jean Purvis FREE Health Clinic 724-841-0980
Butler Memorial Hospital 724-283-6666
NAMI—Family Support Programs 724-431-0069
Grapevine Drop In Center 724-283-1704
Butler Crisis Center 800-292-3866
Suicide Prevention Dial 988

Support for Seniors

Area Agency on Aging 724-282-3008
Adult Protective Services 800-490-8505

Support for Veterans

Butler Co. Veterans Services 724-284-5179
VA Butler HealthCare 724-287-4781

Support for Children/Youth

Catholic Charities pregnancy/infants 724-287-4011
Child Line (report suspected abuse) 800-932-0313
Early Learning Resource Center 888-864-1654

Food and Nutrition

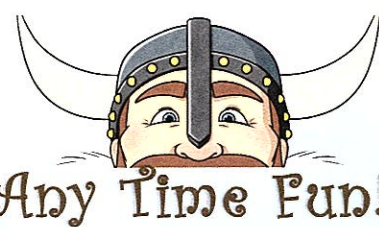
Community Partnership 724-431-3623
Lighthouse Foundation 724-586-5554
BHS Food Institute 724-283-6666
SNAP 833-822SNAP

FREE Community Lunches

Salvation Army 313 W. Cunningham St, Butler
Monday, Wednesday, Friday 11:30am - 12:30pm
Light of Life Outreach 215 W. North St, Butler
Wednesdays and Thursdays 12:00 - 1:00 pm

FREE Community Dinners

First English Lutheran N. Main and Brady St., Butler
Mondays 5:00 - 6:00pm Take Out 724-283-2378
St. Paul Catholic Church 128 N. McKean St., Butler
Tuesdays 5:00 - 6:00pm Take Out 724-287-1759
St. Andrews Presbyterian 201 E. Jefferson St., Butler
Wednesdays 5:00 - 6:00pm Take Out 724-287-4777
St. Mark's Lutheran E. Jefferson and Washington St.
Thursdays 5:00 - 6:00pm Take Out 724-287-6741
First United Methodist North and McKean St., Butler
Fridays 5:00 - 6:00pm Take Out 724-283-6160
1st, 4th, 5th Saturdays 5:00 - 6:00pm
New Beginnings Free Methodist 416 Center Ave., Butler
2nd and 4th Saturdays 5:00 - 6:00pm
North Street Christian Church 220 W. North St., Butler



Maridon Museum

Wednesday – Saturday 11:00am - 4:00pm
322 N McKean St., Butler 724-828-0123
Visit the only museum that focuses on Asian Culture and German Meissen Porcelain.
\$4 for adults, \$3 for seniors & students, under 8 free

Chess Club for Kids at Your Parent's Basement

Every Saturday 10:00 - 12:00pm
106 S. Main St., Butler \$7 each time

Art Attack at the Butler Art Center (Adults)

Every Thursday 10:00 - 12:00pm
106 S. Main St., Butler \$10 each time

Introduction to Watercolors (Adults)

Every Tuesday 1:00-3:30pm
106 S. Main St., Butler \$10 each time

Youth Fitness Class at Legacy Fitness

Ages 6-13 Every Tuesday 6:15 - 7:15pm
232 E North St., Butler \$45/month

Wrestling at Legacy Fitness

Ages 7-18 Wednesday/Sunday 6:00 - 7:30pm
232 E North St., Butler \$50/month

Movie Scoops

Mondays tickets are \$6.25 per person for all movies
Matinees are \$7.75 everyday for kids
Moraine Point Plaza , Butler

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**Institute for
Nonprofit
Leadership**

at Slippery Rock University

SlipperyRock University A member of Pennsylvania's State System of Higher Education Experience the Difference www.slipperyrock.edu

Looking for
fun things to do
this winter?



Don't worry,
the Winter Warrior
has you covered!

Winter 2023-Spring 2024

**Institute for
Nonprofit
Leadership**
at Slippery Rock University

~December~

Santa at Clearview Mall FREE

Check shopclearviewmall.com for schedule

Holiday Village Market

December 2 5:00pm- 8:00pm

Cranberry Municipal Center

Santa at Westpark Alpacas FREE

December 3, 10, 17 11:00am - 2:00pm

1037 W. Park Rd., Slippery Rock

Miracle on Main Street FREE

December 7 4:00 - 8:00pm

Downtown Zelienople

Parent's Night Out Ages 5-12, \$10/child

December 8 5:30pm-8:30pm

Butler Township Park Building

Photos with Santa & Mrs. Clause FREE

December 9 1:00 - 3:00pm

Jean B Purvis Community Health Center

Frosty's Winter Wonderland Must pre-register

December 9 9:00am and 1:00pm

Butler Area Public Library 218 McKean St., Butler

Holiday Banner Craft FREE

December 10 2:00 - 4:00pm

Michaels at Butler Crossing Shopping Center

Kids' Christmas Bird Count FREE

December 16 10:00am - 12:00pm

Buffalo Creek Nature Park.

Holiday Delivery Truck Craft FREE

December 16 10:00am - 1:00pm

Ages 4 and Up. Butler Lowe's.

Keystone Opry Christmas Special

December 16 7:00pm

Butler Little Theater \$15 per ticket

Gift Card Holder Craft

December 17 2:00 - 4:00pm

Michaels at Butler Crossing. FREE

Harmony's Silvester New Years Eve Celebration

December 13 2:00 - 6:00pm

The Square on Mercer St., Harmony. FREE

~January~

Sober New Year's Eve Party FREE - no drop ins

People in recovery are invited to a totally sober New Year's Eve Party—food, games, prizes, karaoke! Butler SUCCEED 150 N. Main St., Butler sruvista@gmail.com for info and to pre-register

YMCA Swim & Gymnastics Classes

Weekly January 8 - February 24, 2024
Butler YMCA. \$40 member, \$90 nonmember

First Day Hike FREE

January 1, 2024 10:00am -12:30pm

Moraine State Park Pleasant Valley Trailhead.

Call 724-368-8811 for more information.

Building a Gaming PC FREE

Steam Club members
January 6, 2024 10:30am
Butler Area Public Library 218 McKean St., Butler

Keystone Opry Christmas Special

January 13, 2024 1:00 pm and 7:00pm

Butler Little Theater \$15 per ticket

My First DIY Toolbox Craft FREE

January 20, 2024 10:00am -1:00pm

Butler Lowe's. Ages 4 and Up.

Butler Area Toy Show

January 27, 2024 11:00am - 4:00pm

Clearview Mall. \$5, Kids 12 & Under FREE

Rediscovering Your Story FREE

Creative writing program for adults in SUD recovery
Mondays January 29-Feb 26 5:00 - 6:30pm
Butler SUCCEED 150 N. Main St., Butler

~February~

Winterfest at Moraine FREE.

February 3 11:00am - 3:00pm
Moraine State Park McDaniel's Boat Launch

Keystone Opry Christmas Special

February 3, 2024 1:00 pm and 7:00pm
Butler Little Theater \$15 per ticket

Design Dungeons and Dragons FREE

Steam Club members
February 3, 2024 10:30am
Butler Area Public Library 218 McKean St., Butler

Constellations at Butler Little Theater

February 16-24, 2024 check website for time
Butler Little Theater check website for price

Basketball Drills & Skills, Ages 3-12

Saturdays February 3 - March 16, 2024 9:00am-noon
Butler YMCA \$40 Member \$90 Nonmember

~March~

Rediscovering Your Story FREE

Creative writing program for adults in recovery with lived mental health experience
Mondays March 4 - April 15, 2024 5:00 - 6:30pm
Butler SUCCEED 150 N. Main St., Butler
sruvista@gmail.com for info and to pre-register

Keystone Opry Christmas Special

March 11, 2024 1:00 pm and 7:00pm
Butler Little Theater \$15 per ticket

Fiero Code Club FREE

Steam Club members
Date and time to be announced in February!
Butler Area Public Library 218 McKean St., Butler

~March~

Safe Sitter Babysitting Class

March 2, 2024 9:00am - 2:00pm

Alameda Park Building

Check online for details at bcpr.recdesk.com

Flashlight Scavenger Easter Egg Hunt

March 22, 2024 6:00 - 9:00pm

Old Fellows Gazebo at Alameda Park

Check online for details at bcpr.recdesk.com

Any Time Winter Fun!

Family Bowlaway open lanes, leagues, and more!

Tuesday through Sunday afternoon/evening hours
540 Fairground Hill Rd., Butler 724-283-8630

Family Skate Night at Skate Castle

Every Friday and Saturday 6:30 - 9:30pm

182 New Castle Rd., Butler 724-287-3930

A Skate Castle night filled with skating, music, and lots of fun. \$6 for all ages. www.skatecastleinc.com

Junior Jump— Altitude Trampoline Park.

Monday Through Friday, 11:00am -1:00pm

Clearview Mall 724-602-2527

2 hours of unlimited access to the trampolines and attractions. 6 and under \$10; adults are \$3.

