

ABOUT US

Since 1996, The LGBT National Help Center, a non-profit, tax-exempt organization has been dedicated to meeting the needs & offering support and acceptance to the lesbian, gay, bisexual, transgender (LGBT) community and those questioning their sexuality or gender identity.

We offer multiple programs that include our three national hotlines, a 1-on-1 peer support online chat, and the largest continuously updated list of LGBT resources for cities and towns across the United States.

Our work and our programs are there to help an individual become the best version of themselves they can be.

ALL SERVICES FREE AND CONFIDENTIAL.

VOLUNTEER

- Are you caring?
- Are you non-judgemental?
- Are you a good listener?
- Want to take action to help the community nation-wide?

YOU CAN CHANGE A LIFE

YOU CAN MAKE A DIFFERENCE

We're always looking for volunteers who can use their skills to be there for the next person in need. We provide training both locally in San Francisco and remotely, anywhere as long as you have reliable internet connection.

For more information:
www.LGBThotline.org/volunteer



DONATE

We need your help to continue to be there for those in need.

We are almost entirely funded by individuals, people who understand the importance of the work we do.

By donating, you can ensure that we are there the next time the phone rings.

Please help support our work by mailing a tax-deductible contribution or by donating online:

www.LGBThotline.org/donate



CONTACT INFORMATION

LGBT National Hotline 888-843-4564

LGBT National Youth Talk Line 800-246-7743

LGBT National Senior Hotline 888-234-7243

LGBT Online Peer-Support Chat:
www.LGBThotline.org/chat

Resources: www.LGBTnearMe.org

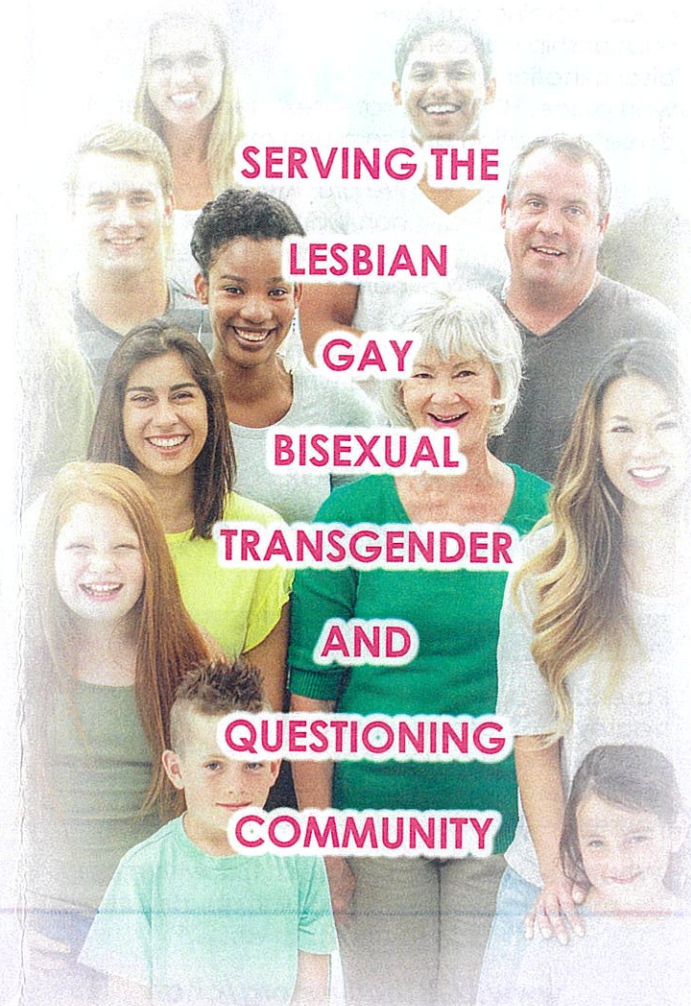
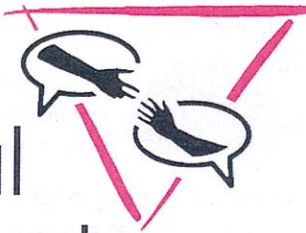
Administrative Phone: 415-355-0003

Email: Help@LGBThotline.org

Mailing Address:

LGBT National Help Center
2261 Market Street, #296
San Francisco, CA 94114

LGBT National Help Center



www.LGBThotline.org

LGBT NATIONAL HOTLINE

If you are feeling alone, scared, anxious or simply need to talk, we are here for you.

With our caring and affirming peer support volunteers, the LGBT National Hotline provides a safe place for callers to talk about coming out issues, relationship concerns, discrimination in the workplace, HIV/AIDS, safer sex, gender identity, anxiety, isolation and so much more.

We provide an anonymous non-judgemental place to talk about issues and concerns that you may be going through. Our dedicated volunteers are here when you need us.

WE ARE HERE FOR YOU
888-843-4564

ONLINE CHAT

Parents in the house? Roommate nearby? Sometimes you can't use the phone or you may feel more able to express yourself without it.

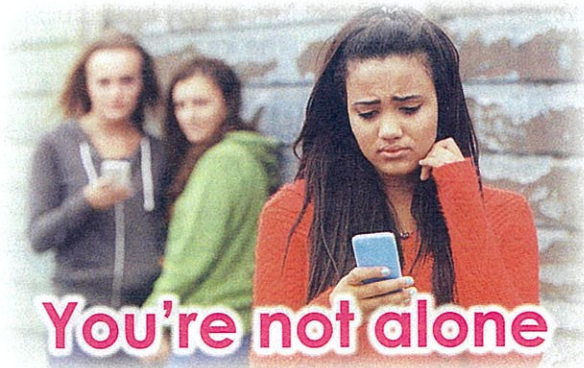


Whatever the reason, you can talk with a peer support volunteer online with our private one-to-one chat at:

www.LGBThotline.org/chat

LGBT NATIONAL YOUTH HOTLINE

Being young and LGBTQ or questioning can be hard.



There may be times you need to talk and to be heard. The LGBT National Youth Talkline is here for youth up to the age of 25. We talk with youth and young adults about questions concerning gender identity, sexuality, bullying, family issues, relationships and so much more.
You deserve support and acceptance.

YOU'LL FIND IT HERE
800-246-7743

OTHER YOUTH SERVICES

We offer additional services online for LGBTQ youth 19 years old and younger.

We run moderated anonymous online youth chat rooms throughout the week. Find support, make friendships and create a caring and affirming community that you can call **YOUR OWN.**

You can find out more at:

www.LGBThotline.org/youthchatrooms

LGBT NATIONAL SENIOR HOTLINE

As our community ages, there is a need to ensure that our LGBT seniors are not forgotten and their voices are always heard.



No matter where they live, LGBT elders have a place to call when they need peer support, information, local resources relevant to their situation, or just need a friendly voice on the other end of a phone.

We offer support and resource information to callers who often are very isolated and alone, sometimes still closeted and in need of a caring non-judgmental person to talk with.

WE ARE HERE FOR YOU
888-234-7243

IN NEED OF A LOCAL RESOURCE?

Where is the closest community center?
Is there a social or support group nearby?
Need a lawyer, doctor or counselor?

YOUTH OR ADULT WE'VE GOT YOU COVERED

With over 16,000 resources nationwide, find what you are looking for regardless of age or location instantly.

FIND YOUR COMMUNITY
www.LGBTnearMe.org